

SEMESTER-1

FOUNDATION AND HISTORY OF PHYSICAL EDUCATION

Subject Code: PEDCOR101P

LEARNING OUTCOMES: -

1. Able to compare the relationship between general education and physical education.
2. Able to identify and relate with the History of Physical Education.
3. Comprehend the relationship between Philosophy, Education and Physical Education.
4. Able to identify the works of Philosophers of Education and Physical Education.
5. Understand recent developments and academic foundation of Physical Education.

SEMESTER-2

MANAGEMENT AND PSYCHOLOGY OF PHYSICAL EDUCATION & SPORTS

Subject Code: PEDCOR204P

LEARNING OUTCOMES: -

The student would:

1. Understand the importance of management of Physical Education.
2. Gain knowledge regarding management of Physical Education and Sports at different level.
3. Able to organize various Physical Education program.
4. Know about various schemes and policies of State & Central Government.
5. now about planning of facility and financial management.
6. Understand the theoretical concept of sports management.
7. Understand the practical & theoretical implications of financial planning and personnel management.
8. be oriented in basic concepts of psychology.
9. be oriented in identifying factors determining one's overall personality.
10. understand various laws of learning and their relevance in teaching learning process.
11. be oriented in getting through with the psychology of sports person.

SEMESTER -3

ANATOMY, PHYSIOLOGY AND EXERCISE PHYSIOLOGY

Subject Code: PEDCOR307P

LEARNING OUTCOMES: -

The student will:

1. be oriented with the basic structure and function of human body by identifying, comparing and relating different systems, organs and their functional and structural units
2. be able to Relate and interpret the role of exercise on body systems and its relation to wellbeing, through literature reviews and physical conditioning exercises.
3. adapt the art to apply the knowledge of anatomy and physiology in physical activity classes at school.
4. Construct anatomy and physiology related pedagogical materials exploring their creative technology. Imaginations while working in group and using .

SEMESTER-4

HEALTH EDUCATION AND THERAPUTIC ASPECT OF PHYSICAL EDUCATION

Subject Code: PEDCOR410P

LEARNING OUTCOMES: -

The student will be able to:

1. identify and synthesize the factors that influence health.
2. recognize the health-related challenges in current time and able to apply the preventive measures.
3. identify the role of peers, community and media in health promotion and protection.
4. demonstrate the expertise in above stated domains in a school setup.
5. value the knowledge and skills required to preserve community health and well-being.

SEMESTER-5

SPORTS TRAINING AND BIOMECHANICS

Subject Code: PEDCOR513P

LEARNING OUTCOMES: -

The learners will be able to:

1. Identify the fundamental concepts, theories and principles of human body training related to Sports performance.
2. demonstrate the skills to train different fitness components and related planning.
3. understand the organization to achieve high performance in sports.

SEMESTER -6

TEST, MEASUREMENT AND EVALUATION IN PHYSICAL EDUCATION

Subject Code: PEDCOR616P

LEARNING OUTCOMES: -

The learners would:

1. be oriented in basic concepts of psychology.
2. be oriented in identifying factors determining one's overall personality.
3. understand various laws of learning and their relevance in teaching learning process.
4. be oriented in getting through with the psychology of sports person.

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